



United Presbyterian Church
2819 Hudson Dr.
Cuyahoga Falls, OH 44221



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UNITED PRESBYTERIAN CHURCH

The Monthly Voice

October 2019



*Every Leaf Speaks
Bliss
to
Me
Fluttering
from
the
Autumn
Tree*

Phone: 330. 923. 9735 Web: www.cfupc.org Facebook: MyUPC

Office Hours:

Monday - Tuesday 9:00am - 4:00pm

Wednesday - Thursday - Friday 10:00am - 2:00pm



Dear Friends,

Rev. Maggie Kulyk and Liz McGeachy wrote an intriguing book: **Integrating Money and Meaning: Practices for a Heart-Centered Life**. Perhaps what makes the book most intriguing is that it is not a 'bash you over the head 'til you give' book. Nor is it a 'do these five things and you will have more wealth' book. It is heartwarming – using the movie It's A wonderful life to frame a conversation about how we live with money. It is thought provoking – encouraging us to look at money from a personal history perspective; appreciating the joy of our blessings and coming to terms with our guilt about how we spend our money. This book will frame our Stewardship campaign this fall:

Saturday October 19th – Movie night – 12 -3 P.M. or 6- 9 P.M.

Come and see the movie –"It's a Wonderful Life" Bring a friend. This is an opportunity to see a classic film that captures the Archetypes of Money that will form the foundation of the worship series.

Beginning Sunday October 20th - Study the Book– **Integrating Money and Meaning: Practices for a Heart-Centered Life** easy to use three-week study guides help to explore your personal money history and patterns of generosity in light of the Gospel. Study at home or with your Sunday School Class.

Go to the website <https://moneycoachinginstitute.com/understanding-money-types/> Take the free Money-Types Quiz and read about the characteristics of each money type.

Sunday October 20th **Looking Back** - Scripture: Matthew 22:15-22 Our relationship with money has a history as long as our lives but also as expansive as the family systems and culture of which we are a part. Creating spiritual practices for how we deal money invites us to look back, to see with new eyes how and when our values and fears were initiated.

Sunday October 27th **Looking In** - Scripture Matthew 6: 19-24 Our faith is not just an idea, but it gets lived out in our actions in the world. This week we integrate money and meaning by looking in at the courageous vision for our presence and impact in the world. This is the bedrock for how we "spend" our assets–time, energy, and money.

Sunday November 3rd **Looking Out** – Scripture: 1 Timothy 6:17-19 When our money practices–no matter how incremental or seemingly simple–are serving the vision, we live with a sense of wholeheartedness and wonder that energizes us, those around us, and the world. We "truly live."

Sunday November 10th – **Looking with Gratitude** - Scripture: Acts 4: 32-35 At the heart of our relationship to money is living and giving with gratitude–whether the assets we have to give are monetary, or our own capital of time and energy for the sake of the human family. As a result of aligning our money practices with the courageous vision we see for ourselves and our impact on the world, we end our series by looking for the hope that has been cultivated and the possibility that we will transform fear to gratitude in the act of sharing. **This is Dedication Sunday we will make a pledge of time, talent and treasures during this Service of Worship.**

Pastor Karen

Acme Community Cashback

It's time to start saving your Acme receipts . Please put them in the box labeled RECEIPTS in the church office. We thank you for your support!

Attention All Ringers and Singers

Would you like to join the choir or bells in praising God during worship service? Please let Marie Taylor know if you are interested in joining Cathedral Choir, and or Cathedral Bells. We would love to have you!

Email: mtaylor612@gmail.com

Israel Pilgrimage

The Revs. Meta and Stephen Cramer, retired pastors, will be leading their eighth pilgrimage to Israel from **March 6-15, 2020**. Travel to Israel is a profound spiritual experience as the words of the Bible come alive. Several people have told the Cramers that travel to Israel was the highlight of their faith journey. Being in the Holy Land deepens your connection with God and God's people.

The cost of the trip is \$3,820 for double occupancy and \$4,500 for single occupancy This fee includes airfare, all breakfasts and dinners, one lunch, all entrance and transport fees, and all tips. Your only added expense will be souvenirs and 8 lunches, which are typically cafeteria style. You can contact Steve at rev.stevecramer@yahoo.com or Meta at metacramer@aol.com. Meta's phone number is 330-921-1114, and Steve's is 330-921-1115. THANKS! Meta

October Birthdays!



- | | |
|------|--|
| 1st | Nathan West |
| 4th | Darlene Hubicsak |
| 5th | Julia Schneider |
| 8th | Joyce Taylor
Joanne Shaw |
| 9th | Mary Harper |
| 10th | Bridgette Marquette |
| 15th | Hollie Ashworth |
| 16th | Diedre Pulley |
| 19th | Amy Helsel |
| 20th | Roger Chamberlain
Sharon Pulley |
| 21st | Bryce Pulley |
| 22nd | Anna Fivekiller |
| 23rd | Janice Kobb
Paul Young
John Grenfeld |
| 27th | Marti Klaus
Alex Schneider |
| 29th | Rebecca Myer |
| 30th | Chuck Miller
Suzanne Saviers |
| 31st | Ryan Evans |

Dahlia Garden at UPC

Some of you may not know that the Amazement Park Children donated money to start the beautiful Dahlia garden on the side of UPC by the Sanctuary doors. The Dahlias were planted in honor of Randy Sarver their Sunday school teacher. Pictured below are 3 of the children who donated some of the money for this gorgeous garden! Also, a special thank you to Nancy Read - Zeller who maintained the garden this summer.



October Community Meal



All are welcome to attend the Community Meal on Saturday, October 12 at 11:30AM in Fellowship Hall! This month it is hosted by the Wanderers Sunday School Class! The Community Meal outreach ministry touches about 65 people every month with a good meal and time for fellowship. We hope you join us!

Heart 2 Heart Prayer

We will gather in the church sanctuary on Tuesday evening from 6:00-7:00pm . We will devote our prayer time together focusing on these purposes within our lives.

- October 1 Forgiveness
- October 8 Strength of Purpose / PNC
- October 15 Healing
- October 22 Surrender
- October 29 Grief / Sorrow / Grief Share Leaders

We will continue to lift and pray for those on the Pastor Nominating Committee and Tom, Greg, Kathy, Bea, Marilyn and Lorrie on the second Tuesday each month until we are blessed with a candidate to serve God's church. If you have any questions please contact Amy Snyder 330-760-7298



Summa's Pastoral Care Visitor Volunteer Program

Summa Health is seeking Pastoral Care Visitor Volunteers at Summa Akron City Hospital and Summa Barberton Hospital. If you are interested in visiting with patients and providing spiritual support we would like to invite you to consider becoming a Pastoral Care Visitor Volunteer. Training will be provided. For more information on Summa's Pastoral Care Visitor Volunteer program, please contact Volunteer services at 330.375.3247 or email at volunteer@summahealth.org. If you would like to directly apply to become a Pastoral Care Visitor Volunteer, or see all of our volunteer opportunities, please apply at www.summahealth.org/volunteer

Stewardship Kick Off Event

"It's A Wonderful Life" movie matinee, and evening showing in Fellowship Hall on October 19, 2019.

Lunch and movie from 12pm - 3pm - Dinner and movie from 6pm-9pm

There will be sign up sheets in the office, so we can plan for the food.

Thank You! Leslie Edwards-Holbert - Fellowship/Membership Chair



TRUNK OR TREAT @ UPC

**Please come and join us October 20th
5:00pm - 6:30pm**

**The Outreach Team will be hosting a
fun afternoon for all ages. Decorated
cars loaded with candy and fun,
pumpkin painting, fresh donuts, with
hot and cold apple cider.**

**For more details - Call Mike Mariani at
330.697.2071**

Searching for a Congregational Treasurer

The congregation is in the process of searching for a new treasurer to replace Wayne Chapman who is stepping down after 39 years in the position. We are grateful to Wayne for his expertise and dedication over that extended period of time. The search is being conducted through the Personnel and Finance Committees who are currently seeking applicants for the position from either a member of the congregation or an individual not associated with the church. The approved job description calls for an individual with an accounting degree or equivalent experience. It is a paid part-time position (6-8 hours per week). The job description is available to anyone interested. If you, or anyone you know, might be seeking the Treasurer's position, please contact either Terry Snyder (snyder1963@sbcglobal.net) or Doug Steidl (dlssrs72@roadrunner.com).

Music Staff Update:

Mike Simms is stepping down as the Interim Praise Team leader effective, September 30, 2019. We are grateful to Mike for his 2 1/2 years of work in this important position. He was recognized in Worship on September 22. Please thank Mike when you see him, and consider making a donation to the Celebration Fund in his honor- targeting the 'sound system'.

Janice Kobb has agreed to serve as the Interim Praise Team leader. Janice is not only a talented organist, she also has experience in choral conducting and leading praise teams. We appreciate her expanding her work at UPC during this time.

A search team for the next Contemporary Music & Worship Leader has been formed. The committee members are: Kristin Beynon, Christy Ure, Ed Marquette, Jim Fisher, Patti Scott and Nancy Pringle. Your prayers for this search team's work would be appreciated.

The Personnel Committee
(Kristin Beynon, Kathy Craddock, Beth Loresch and Doug Steidl)

The New Inquirers Class / New Schedule :

The Inquiry Class (New Members Class) will commence October 13th and extend thru November 10th. Café Connection

9-930am Video

9:30-9:45am Coffee and Fellowship

9:45 - 10:45am Discussion led by Pastor Karen

Something for Everyone

One of UPC's strengths is its Church School for all ages. Each Sunday we have at least 75 scholars in attendance! Yet it seems we never talk about church school or the benefits of a small group study and the opportunity for friendships and faith to grow. There truly is something for everyone! So what about our church school?

Our **Nursery** provides care for the youngest of our children during worship and Church School. Interim Attendant Nancy Marquette is overseeing the nursery which is located on level 2. 203

The **Beginners** group, which includes 3, 4 and 5 year old children, experiences the most memorable Bible stories through play, storytelling, crafts and act play. Charlene Johnson is the lead teacher. 212

The **Amazement Park** serves grade school children (1st through 5th grade) and a broadly graded experiential study of scripture using a variety of ways. Each month the class dives into a study of scripture around specific texts. This year begins with the 10 best ways to live - The Ten Commandments. Wayne and Chris Chapman and Vickie Sarver are the lead teachers. 410 Through Fellowship Hall

In the fall **Middle School** youth will begin a new confirmation study from Theocademy, an independent PC(USA) curriculum developer. Bethany Smith is the class leader. LL11

High School and **Post High** will be exploring how to make the Bible relevant today. The class always includes lively discussion. Ron France is leading the class. LL18
Middle School and Senior High youth have combined for the summer for a study of dealing with fears using Adam Hamilton's book *Unafraid*. Ron France is the lead teacher.

The **Neighorly** Class is currently studying *Engage the Gospel*. They meet in the library and the class is led by Rick Earle. 202

God Knows Who is a class of younger adults who have an independent study on faith, family and everyday life. Rachel Marquette leads the class which meets on level 2. (Pass the library and turn left.) 210

The **Fellowship** Class is studying topics chosen and led by Jerry Koser. Currently the Phoenix Class is meeting with this group. Jerry Koser is the class teacher. The Parlor (level 2) is the meeting place for this class. (Straight past the library) 204

Sojourners will continue its study of The *Great Ends of the Church*. Marti Klaus leads the class which meets in room 304.

Wanderers are studying the Bible using the Uniform series. Members of the class take turns leading the lesson. The class meets in room 306.



Diabetic Corner – October

What Doctor should I use if I am a Diabetic (or even as a prediabetic)?

Family Physician or Endocrinologist or a Nurse Practitioner- Endocrinology

I went from 2011 to 2016 using my family doctor. And it was fine but during my online search

I became educated about how to use your doctors and what to look for from your doctor. I got bold and asked my family physician why he didn't treat me for prediabetes way back when it showed up and waited till I had the diabetic diagnosis. His answer was: **you probably wouldn't listen to me.** You know he is probably right! After all there was no diabetes in my family lineage.... And I erroneously believed this was a family disease passed on. But a light bulb went off in me about why would he say that to me; I continued on with him and when he moved away I switched to a new family doctor.

I also was becoming self-educated about medicines in my on-line searches, magazine readings (Diabetic Forecast and Diabetic Living). Remember I had gotten my sugar under control without the benefit of drugs. (And I was proud about that...too proud). But in my self-education I was learning about meds that "assist" your pancreas by reducing the amount of sugar your liver releases into the blood stream; and assist your body respond to insulin. Basically with a medication I could give my pancreas a break or a vacation from the hard work it was always doing.

So that brings me around to.... Which doctor do you use? I was getting irritated with my current physician because we never seemed to have enough time to talk. And I was unsure of his knowledge level about all of the newer drugs. So on my own I pursued going to a nurse practitioner of Endocrinology. It turned out to be the right choice:

- 1) She has plenty of time to talk to patients;
- 2) has great understanding of the diabetes medicines;
- 3) easy to talk too; makes me feel good about my choices;
- 4) she keeps my family doctor up to date on my treatment & she works well with suggestions from the dietician.

If you think that your doctor could be doing more or should know more or you feel disregarded it is probably time to check out a new doctor.

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 am Tai Chi in Café Connection 6:00 pm Heart 2 Heart Prayer 6:30pm PNC	2 Prayer Shawl Ministry 11:45am Unafraid Study 5:30pm Unafraid Study 6:30 pm Deacons Meeting 7:00 pm Praise Team practice	3 9:00 am TOPS Meeting 6:30 pm Cathedral Ringers 7:30 pm Cathedral Singers w/social time	4 10:00 am Tai Chi in Café Connection	5
6 World Communion Sunday Peace & Witness Global Witness special offering 8:30 am Traditional Worship 9:45 am Education Hour 11:00 am New Creation Worship	7 6:00 pm Mission Cmte Mtg.	8 10:00 am Tai Chi in Café Connection 6:00 pm Heart 2 Heart Prayer 6:30pm PNC	9 11:45am Unafraid Study 5:30pm Unafraid Study 6:30 pm Finance e-Mtg. 7:00 pm Praise Team practice	10 9:00 am TOPS Meeting 6:30 pm Cathedral Ringers 7:30 pm Cathedral Singers	11 8:15 am Warrior's Journey home mtg. 10:00 am Tai Chi in Café Connection	12 9:00 am Community Stickers in library 11:30 am Community Meal hosted by
13 8:30 am Traditional Worship Hymnal Dedication 9:45 am Education Hour 11:00am New Creation Worship	14 6:30 pm Christian Ed Cmte Mtg. 6:30 pm Mbr/Flwship Cmte. Mtg. 5:30pm Personnel Meeting 7:00pm Warriors Journey Home 7:00 pm Bldg & Prop Cmte Mtg.	15 10:00 am Tai Chi in Café Connection 6:00 pm Heart 2 Heart Prayer 6:30pm PNC	16 11:45am Unafraid Study 5:30pm Unafraid Study 7:00 pm Praise Team practice	17 9:00 am TOPS Meeting 6:30 pm Cathedral Ringers 7:30 pm Cathedral Singers	18 10:00 am Tai Chi in Café Connection	19
20 8:30 am Traditional Worship 9:45 am Education Hour 11:00 am New Creation Worship 5:00-6:30pm Trunk or Treat Hubicsak baby shower Fellowship hall	21 6:30pm Session Meeting	22 10:00 am Tai Chi in Café Connection 6:00 pm Heart 2 Heart Prayer	23 11:45am Unafraid Study 5:30pm Unafraid Study 7:00 pm Praise Team practice	24 9:00 am TOPS Meeting 6:30 pm Cathedral Ringers 7:30 pm Cathedral Singers	25 10:00 am Tai Chi in Café Connection 6:00 pm Pantry set-up	26 9:00 am Pantry Distribution
27 8:30 am Traditional Worship 9:45 am Education Hour 11:00 am New Creation Worship	28	29 10:00 am Tai Chi in Café Connection 6:00 pm Heart 2 Heart Prayer	30 11:45am Unafraid Study 5:30pm Unafraid Study 7:00 pm Praise Team practice	31	November Newsletter article submission deadline is October 23	